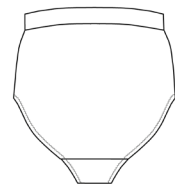
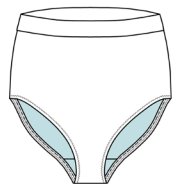
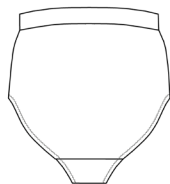
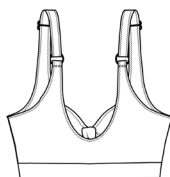
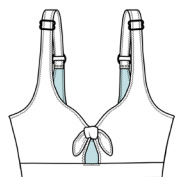


FABRIC REQUIREMENTS



VERSION 1

VERSION 2

FABRIC RECOMMENDATIONS

Light to medium weight swimwear fabrics such as 4-way stretch Lycra or polyamide with 50% cross-wise stretch, as well as swimwear lining (ideally 100% nylon). You will need 5m of 8mm wide rubber swimwear elastic. If you want to add elastic into the waistbands, you'll need 2.5m of 20mm swimwear elastic for the narrow band and 5m for the wide band. You will need a set of 20mm plastic/coated metal strap adjusters (bare metal may rust in chlorine) for making version 1.

BODY MEASUREMENTS (IN INCHES):

	18	20	22	24	26	28	30
Bust	45	47	49	51	53	55	57
Waist	38	40	42	44	46	48	50
Hip	48	50	52	54	56	58	60

FABRIC REQUIRED (IN METRES):

If making the wider band version, you need 0.2m extra of your main fabric. 115cm wide fabric isn't wide enough to accommodate the band in most sizes, so we recommend looking for 140cm wide fabric.

V1 1.15m wide	1.8	1.8	-	-	-	-	-
V1 1.15m wide lining	1.4	1.4	-	-	-	-	-
V2 1.15m wide	1.8	1.8	-	-	-	-	-
V2 1.15m wide lining	1.4	1.4	-	-	-	-	-
V1 1.40m wide	1.7	1.7	2.0	2.0	2.0	2.0	2.0
V1 1.40m wide lining	0.8	0.8	1.5	1.5	1.5	1.5	1.5
V2 1.40m wide	1.7	1.7	2.0	2.0	2.0	2.0	2.0
V2 1.40m wide lining	0.9	0.9	1.5	1.5	1.5	1.5	1.5

FINISHED GARMENT (IN INCHES):

Bust	39 ³ / ₄	41 ¹ / ₄	43 ³ / ₄	45 ³ / ₄	47 ³ / ₄	49 ³ / ₄	51 ¹ / ₄
Under bust band	37 ¹ / ₂	39 ¹ / ₂	41 ¹ / ₂	43 ¹ / ₂	45 ¹ / ₂	47 ¹ / ₂	49 ¹ / ₂
Waist	37 ¹ / ₂	39 ¹ / ₂	41 ¹ / ₂	43 ¹ / ₂	45 ¹ / ₂	47 ¹ / ₂	49 ¹ / ₂
Hip	43	45	47	49	51	53	55

*The hip is measured where the leg opening sits just below the hip bone. This may be approx. 2-3 inches above your full hip.