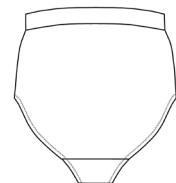
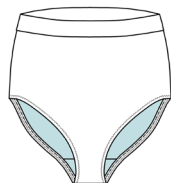
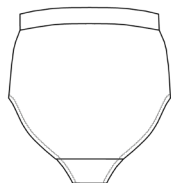
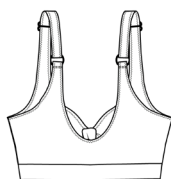
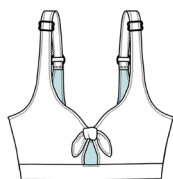


FABRIC REQUIREMENTS



VERSION 1

VERSION 2

FABRIC RECOMMENDATIONS

Light to medium weight swimwear fabrics such as 4-way stretch Lycra or polyamide with 50% cross-wise stretch, as well as swimwear lining (ideally 100% nylon). You will need 4m of 8mm wide rubber swimwear elastic. If you want to add elastic into the waistbands, you'll need 2m of 20mm swimwear elastic for the narrow band and 4m for the wide band. You will need a set of 20mm plastic/coated metal strap adjusters (bare metal may rust in chlorine) for making version 1.

BODY MEASUREMENTS (IN INCHES):

	6	8	10	12	14	16	18	20
Bust	31	33	35	37	39	41	43	45
Waist	24	26	28	30	32	34	36	38
Hip	34	36	38	40	42	44	46	48

FABRIC REQUIRED (IN METRES):

If making the wider band version, you need 0.2m extra of your main fabric.

V1 1.15m wide	1.7	1.7	1.7	1.7	1.9	1.9	1.9	1.9
V1 1.15m wide lining	0.8	0.8	0.8	0.8	1.4	1.4	1.4	1.4
V2 1.15m wide	1.5	1.5	1.5	1.5	1.8	1.8	1.8	1.8
V2 1.15m wide lining	0.9	0.9	0.9	0.9	1.5	1.5	1.5	1.5
V1 1.40m wide	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8
V1 1.40m wide lining	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9
V2 1.40m wide	1.6	1.6	1.6	1.6	1.6	1.6	1.6	1.6
V2 1.40m wide lining	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9

FINISHED GARMENT (IN INCHES):

Bust	27½	29½	31½	33½	35½	37½	39½	41½
Under bust band	23¾	25¾	27¾	29¾	31¾	33¾	35¾	37¾
Waist	23¾	25¾	27¾	29¾	31¾	33¾	35¾	37¾
Hip	29	31	33	35	37	39	41	43

*The hip is measured where the leg opening sits just below the hip bone. This may be approx. 2-3 inches above your full hip.